

MUSIC FOR DEMENTIA - Music lists
Popular music, less than 120 beats per minute

Title	Artist/Composer	Approx. Duration	Approx. BPM	Decade
1 The Way You Look Tonight	Tony Bennett	3:18	50	1950
2 Vincent	Don Maclean	3:58	54	1970
3 Danny Boy	Various	4:48	55	1940
4 Because You're Mine	Mario Lanzo	3:30	58	1950
5 Can't Help Falling In Love With You	Elvis Presley	3:02	58	1960
6 In the Wee Small Hours of the Morning	Frank Sinatra	2:59	59	1940
7 Que Sera Sera	Doris Day	2:32	62	1950
8 Don't Worry 'Bout Me	Billie Holiday	3:11	64	1940
9 Secret Love	Doris Day	3:37	64	1950
10 Unchained Melody	Righteous Brothers	3:37	67	1950
11 Donna	Ritchie Valens	2:58	68	1950
12 Juliet	The Four Pennies	2:23	68	1960
13 I Will Always Love You	Dolly Parton	3:19	68	1970
14 Blue Moon	Dean Martin	3:04	70	1950
15 Bring It On Home To Me	Sam Cooke	2:42	71	1960
16 You Belong to Me	Jo Stafford	3:18	72	1950
17 I'll Be Home	Pat Boone	2:54	72	1950
18 Hey Jude	The Beatles	8:10	72	1960
19 Puppy Love	Paul Anka	2:43	72	1970
20 We Belong Together	Ritchie Valens	1:56	73	1950
21 Hello Young Lovers	Frank Sinatra	3:32	76	1950
22 Save the Last Dance for Me	The Drifters	2:29	76	1960
23 I Honestly Love You	Olivia Newton John	3:40	76	1970
24 You'll Never Walk Alone	Gerry and the Pacemakers	2:48	76	1960
25 Let It Be	The Beatles	4:03	77	1960
26 White Cliffs of Dover	Vera Lynn	3:03	78	1940
27 Son Of A Preacher Man	Aretha Franklin	3:19	78	1960
28 Help Me Make it Through the Night	Kris Kristofferson	4:05	78	1970
29 Let's Do It (Let's Fall In Love)	Ella Fitzgerald	3:35	79	1950
30 These Arms of Mine	Otis Redding	2:33	79	1960
31 Hi-Heel Sneakers	Tommy Tucker	4:03	81	1960
32 If You Were the Only Girl in the World	Dick Haymes	2:53	85	1940
33 I Can't Tell You Why	The Eagles	4:55	85	1970
34 It's Only Make Believe	Conway Twitty	2:35	86	1960
35 Unforgettable	Nat King Cole	2:31	90	1950
36 Moon River	Andy Williams	2:44	90	1960
37 You Made Me Love You	Dean Martin	3:21	91	1950
38 You're a Lady	Peter Skellern	4:35	92	1970
39 Natural Woman	Aretha Franklin	2:44	95	1960
40 Lily Marlene	Marlene Dietrich	3:24	97	1940
41 The Look Of Love	Dusty Springfield	3:30	97	1960
42 Silver Bells	Dean Martin	2:24	98	1950
43 Edelweiss	Rogers & Hammerstein	1:43	99	1950
44 White Christmas	Bing Crosby	2:57	100	1940
45 Try Me	James Brown	2:33	102	1960
46 Magic Moments	Perry Como	2:39	104	1950
47 Sitting On The Dock At The Bay	Otis Redding	2:43	104	1960
48 Something Stupid	Frank Sinatra Nancy Sinatr	2:38	105	1960
49 Perhaps Perhaps Perhaps	Doris Day	2:43	105	1950
50 Stand By Your Man	Tammy Wynette	2:13	106	1970
51 Roses are Red	Bobby Vinton	2:38	108	1960
52 Wishin and Hopin	Dusty Springfield	2:57	108	1960
53 How Deep Is Your Love	Bee Gees	3:58	108	1970
54 When I Grow Too Old to Dream	Foster & Allen	2:21	110	1940
55 Just An Old Fashioned Girl	Eartha Kitt	2:51	110	1950
56 Penny Lane	The Beatles	3:00	114	1960
57 And I Love Her	The Beatles	2:29	114	1960
58 Suspicious Minds	Elvis Presley	4:32	114	1960
59 Tell Laura I Love Her	Ricky Valance	2:40	116	1960
60 Walking the Dog	Rufus Thomas	2:38	118	1960
61 Catch a Falling Star	Perry Como	2:30	120	1950
62 Day-O (Banana Boat Song)	Harry Belafonte	3:06	120	1950
63 Little Egypt	Elvis Presley	2:18	120	1960
64 Your Love Has Lifted Me Higher and Hig	Rita Coolidge	4:26	120	1970
65 At Seventeen	Janis Ian	4:59	120	1970
66 Cupid	Sam Cooke	2:38	120	1960