

MUSIC FOR DEMENTIA - Music lists

Folk and Traditional music, less than 80 beats per minute

Title	Artist/Composer	Approx. Duration	Approx. BPM	Decade
1 Scarborough Fair	N/A	3:13	45	N/A
2 Winterlude	Bob Dylan	2:22	51	1970
3 Nottamun Town	N/A	2:29	55	N/A
4 Johnny Has Gone For A Solider	N/A	2:50	55	N/A
5 Boll Weevil Holler	Vera Holler	2:03	58	1960
6 Ailein Duinn	N/A	4:47	58	N/A
7 Proud Maisie	Davy Graham & Shirley Col	1:45	70	1960
8 Waly Waly (The Water Is Wide)	N/A	3:36	72	N/A
9 Tom Bowling	N/A	4:32	76	N/A
10 The Carnival is Over	The Seekers	3:13	76	1960
11 Bridge Over Troubled Water	Simon & Garfunkel	4:52	79	1960