## MUSIC FOR DEMENTIA - Music lists Classical music, less than 60 beats per minute

		Approx.	Approx.	
Title	Artist/Composer	Duration	BPM	Decade
1 Gymnopedie No. 1	Satie	3:26	40	N/A
2 Canon in D	Pachelbel	6:16	40	N/A
3 Arioso, from Cantata BWV 156	Bach	4:03	44	N/A
4 Nimrod, from Enigma Variations	Elgar	4:20	52	N/A
5 Meditation, from Thais	Massenet	6:22	52	N/A
6 Adagio in G Minor	Albinoni	8:56	53	N/A
7 Trumpet Concerto in D	Telemann	1:59	58	N/A

Note: Many classical pieces have variations in tempo and dynamics throughout the performance. This is particularly the case for longer works

(e.g., when a whole work is used, rather than just a single movement or section).